

Calgary is a dynamic city with an ever-changing list of signature attractions, and every visit offers new experiences and adventures. In addition to our Western history, Calgary has emerged as a must-visit culinary and craft brewery destination with a buzzing arts and culture scene. A year-round destination, Calgary features many unique attractions, dining and shopping and is at the heart of four UNESCO World Heritage Sites. With so much to see and do, you will want to schedule additional time here for your clients.



## FALL & WINTER ONE DAY – CITY EXPLORER

### MORNING:

#### CALGARY TOWER

Standing 191 metres above ground on the glass floor of the world's highest 360-degree observation deck, enjoy panoramic views of the city skyline and Canadian Rocky Mountains (30 minutes).

#### GLENBOW MUSEUM

The Glenbow Museum is 'Where the World Meets the West' - where intriguing stories from Western Canada connect with extraordinary art and artifacts from around the world. Glenbow boasts over a million artifacts and some 28,000 works of art in its vast collection (1 hour).

#### STUDIO BELL, HOME OF THE NATIONAL MUSIC CENTRE

The National Music Centre celebrates Canada's rich music history and culture through five floors of interactive displays, exhibits and memorabilia (1.5 hours).

#### LUNCH IN THE HISTORIC SIMMONS BUILDING, EAST VILLAGE.

East Village is a vibrant community with walkable access to the best of Calgary, like public art and culture, entertainment hubs and public spaces like River Walk and new retail and dining. Have lunch at the historic Simmons building and stroll along the river walk afterwards (1 hour).

### AFTERNOON:

#### WINSPORT

##### WINTER BOBSLED EXPERIENCE

As the premier site of the 1988 Olympic Winter Games, WinSport at Canada Olympic Park is a year-round recreation and athletic training facility. Experience the thrill of Winter Bobsleigh. Accompanied by a professional driver, sleds of four soar down the Olympic track, twisting and turning around 14 turns, traveling at speeds up to 100km/h while reaching 4G Forces. Seasonal November - March (30 minutes).

#### CANADA'S SPORTS HALL OF FAME

Canada's Sports Hall of Fame features over 40,000 square feet of inspiring experiences. Located at Canada Olympic Park, Canada's Sports Hall of Fame features 12 galleries, more than 50 hands-on interactive experiences and a collection of more than 95,000 artefacts (1.5 hours)

#### HERITAGE PARK

Heritage Park Historical Village tells stories of early Western Canadian history in four distinct eras. For your winter visit an overview of the 1910 village is highlighted by a stop at the Gasoline Alley Museum. Here the gallery interpreters share stories of the rare vintage vehicles and the largest known collection of gasoline pumps over three entertaining interactive levels. Guests of the 1930's year-round Heritage Town Square browse the shops for unique gifts (1.5 hours).

### EVENING:

#### DINNER AND SHOPPING AT CF CHINOOK CENTRE

CF Chinook Centre is Calgary's largest shopping, dining and entertainment destination, with over 250 premium brand-name stores as well as major department stores and exclusive-to-Chinook retailers. Shop and then enjoy dinner at one of the great restaurants.

After, visit one of Calgary's many craft breweries:

#### TROLLEY 5

Named after an iconic streetcar that would glide along the Beltline area, Trolley 5 is a brewpub operating on three separate levels. Take a seat on a couch upstairs as you gaze out onto 17<sup>th</sup> Ave, or sit on the main floor as the beer growlers on the trolley system pass over you. Downstairs you'll have a wall of windows, which allow you to see the brew masters crafting Trolley 5's bespoke beers.

#### LAST BEST BREWERY

As the brew masters feel Calgary is the "Last Best" opportunity for craft brewers to use the best local ingredients available to them, this brewpub will give you a decadent taste of Calgary. While their beers are being made in-house, explore the hand-crafted food which helps bring people together.

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## SUMMER ONE DAY – CITY EXPLORER

### MORNING:

#### CALGARY TOWER

Standing 191 metres above ground on the glass floor of the world's highest 360-degree observation deck, enjoy panoramic views of the city skyline and Canadian Rocky Mountains (30 minutes).

#### GLENBOW MUSEUM

The Glenbow Museum is 'Where the World Meets the West' - where intriguing stories from Western Canada connect with extraordinary art and artifacts from around the world. Glenbow boasts over a million artifacts and some 28,000 works of art in its vast collection (1 hour).

#### STUDIO BELL, HOME OF THE NATIONAL MUSIC CENTRE

The National Music Centre celebrates Canada's rich music history and culture through five floors of interactive displays, exhibits and memorabilia (1.5 hours).

### AFTERNOON:

#### LUNCH IN THE HISTORIC SIMMONS BUILDING, EAST VILLAGE.

East Village is a vibrant community with walkable access to the best of Calgary, like public art and culture, entertainment hubs and public spaces like River Walk and new retail and dining. Have lunch at the historic Simmons building and stroll along the river walk afterwards (1 hour).

#### CALGARY ZOO

From the splendor of the Rocky Mountains to the heart of Destination Africa, The Calgary Zoo takes you to see almost 1,000 animals from around the world. Visit the Giant Panda family at Panda Passage. Trek through the gorilla's rainforest, safari over the Savannah to watch the hippos swim, or climb the Canadian Wilds to see a grizzly bear. Wind down your trip with a walk through the fragrant Dorothy Harvie Gardens or sit with the butterflies in ENMAX Conservatory. You'll love knowing that every visit helps protect endangered animals at home and in the wild (2 - 3 hours).

#### WINSPOORT- SUMMER BOBSLEIGH EXPERIENCE

Who needs ice when you've got wheels? Experience the thrill of the Summer Bobsleigh at WinSport. Accompanied by a professional pilot, soar down the legendary Olympic track, twisting and turning around 10 turns, traveling at speeds up to 80km/h while reaching 2G Forces (1 hour).

#### HERITAGE PARK HISTORICAL VILLAGE

Heritage Park Historical Village tells stories of early Western Canadian history in four distinct eras. In summer you may meet fur traders, First Nations people, railway workers and prairie town folk while exploring over 180 buildings and exhibits on 127 scenic acres. Complete with a Thundering Steam Train, an antique midway and paddle wheeler boat (being refurbished in 2018, back in service 2019), Heritage Park is How the West was Once. Your overview of the 1910 village is highlighted by a stop at the year-round Gasoline Alley Museum. In the 1930's Heritage Town Square area, guests browse the shops for unique gifts (2-3 hours).

### EVENING:

#### DINNER AND SHOPPING AT CF CHINOOK CENTRE

CF Chinook Centre is Calgary's largest shopping, dining and entertainment destination, with over 250 premium brand-name stores as well as major department stores and exclusive-to-Chinook retailers. Enjoy dinner at one of the great restaurants, Double Zero Pizza, Joey or Bazille by Nordstrom (3 hours).

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## ONE DAY – HISTORY & CULTURE

### MORNING:

#### GLENBOW MUSEUM

Featuring an extensive collection of Indigenous art, the Glenbow Museum is “Where the World Meets the West” – here, intriguing stories from Western Canada connect with extraordinary art and artifacts from around the world (1.5 hours).

#### STUDIO BELL, HOME OF THE NATIONAL MUSIC CENTRE

The National Music Centre celebrates Canada’s rich music history and culture through five floors of interactive displays, exhibits and memorabilia (1.5 hours).

### AFTERNOON:

#### NEIGHBORHOOD EXPLORATION & AL FRESCO LUNCH: STEPHEN AVENUE

Stephen Avenue Walk is a pedestrian walk, situated along 8 Ave SW (Stephen Avenue) and spanning six blocks. Here you may see live performances, buskers, festivals and hear live music. Fancy some shopping? There are nine major shopping centers/department stores as well as some of Calgary’s finest restaurants, pubs, cafés and bars. Not to mention its eclectic mix of boutiques and galleries. Stephen Avenue is the heart of downtown Calgary (1.5 hours).

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#### SHOPPING AT CF CHINOOK CENTRE

CF Chinook Centre features over 250 stores, including top retailers and unique choices you won't find anywhere else in Calgary. Home to major department and flagship stores exclusive to Chinook Centre, this mall take pride in being Calgary’s premier shopping, dining & entertainment destination (2 hours).

### EVENING:

#### DINNER AT THE CALGARY TOWER

Standing 191 metres above the downtown core, the Calgary Tower has been an icon in the city skyline for 50 years. Offering uncompromising views in every direction, visiting the tower has become a proud tradition for Calgarians and their guests. Stand on the glass floor overlooking the city below you. With the highest 360° observation deck in the world, the panoramic city view is an experience above the rest. Enhance this experience at SKY360, the tower’s own revolving restaurant. Offering more than just magnificent views of Calgary and the Rocky Mountains, you’ll leave with a greater appreciation of the prairies and farm to table cuisine (1.5 hours).

### NIGHTCAP: VISIT ONE OF CALGARY’S CRAFT BREWERIES:

#### TROLLEY 5

Named after an iconic streetcar that would glide along the Beltline area, Trolley 5 is a brewpub operating on three separate levels. Take a seat on a couch upstairs as you gaze out onto 17<sup>th</sup> Ave, or sit on the main floor as the beer growlers on the trolley system pass over you. Downstairs you’ll have a wall of windows, which allow you to see the brew masters crafting Trolley 5’s bespoke beers.

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## ONE DAY ITINERARY – THE GREAT OUTDOORS

### MORNING:

#### DOWNTOWN WALKING TOUR

Experience Calgary one story at a time on an immersive walking tour. Discover what makes Calgary such an exciting place – history, architecture, public art, sculpture gardens and cool public spaces (1.5 hours).

#### CALGARY ZOO

From the splendor of the Rocky Mountains to the heart of Destination Africa, The Calgary Zoo takes you to see almost 1,000 animals from around the world. Visit the Giant Panda family at Panda Passage. Trek through the gorilla's rainforest, safari over the Savannah to watch the hippos swim, or climb the Canadian Wilds to see a grizzly bear. Wind down your trip with a walk through the fragrant Dorothy Harvie Gardens or sit with the butterflies in ENMAX Conservatory. You'll love knowing that every visit helps protect endangered animals at home and in the wild. (2 - 3 hours).

### AFTERNOON:

#### NEIGHBORHOOD EXPLORATION LUNCH & SHOPPING: INGLEWOOD

Calgary's oldest neighbourhood, quirky Inglewood is home to boutiques selling vintage furniture, indie fashion and rare vinyl, and offers an eclectic dining scene spanning cuisine from around the world. Eat, stroll, shop, and stop for a pint of locally brewed craft beer at one of Inglewood's craft breweries (3 hours). From Inglewood, walk along the river pathway to Fort Calgary.

#### FORT CALGARY

Fort Calgary National Historic Site is the birthplace of the city of Calgary, where in 1875, the North West Mounted Police built a fort at the confluence of the Bow and Elbow Rivers (1 hour).

### EVENING:

#### WALKING FOOD TOUR

Enjoy a walking food tour in one of Calgary's eclectic neighbourhoods, where you'll sip, sample and savour. Meet local food artisans and enjoy culinary delights (2.5 – 3 hours). Or stroll along the river pathway to Prince's Island Park, a parkland oasis in the city. Dine at the award-winning River Café in the park and take in one of many performances or concerts happening in the park throughout the summer (2.5 hours).

#### CALGARY TOWER

Cap off your evening with a visit to the Calgary Tower. Standing 191 metres above ground, stand on the glass floor of the world's highest 360-degree observation deck, enjoy panoramic views of the evening city skyline as the sun sets on the majestic Canadian Rocky Mountains (30 minutes).

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## ONE DAY ITINERARY – URBAN ADVENTURE

### MORNING:

#### ADRENALIN RUSH AT WINSPORT CANADA

WinSport is the legacy site of the 1988 Winter Olympic Games, and home to year-round adventure.

#### SUMMER BOBSLEIGH

Who needs ice when you've got wheels? Experience the thrill of the Summer Bobsleigh at WinSport. Accompanied by a professional pilot, soar down the legendary Olympic track, twisting and turning around 10 turns, traveling at speeds up to 80km/h while reaching 2G Forces. This will be 60 seconds you talk about for the rest of your life! (1 hour).

#### SKYLINE LUGE

Skyline Luge Calgary is a fun, fast-paced family activity that people of all ages and abilities can enjoy. The Luge is a unique wheeled gravity ride that provides riders full control over their descent on a purpose-built track. Experience 1.8 kilometres (5905 feet) of twists and turns dropping over 100 metres (328 feet) in its course – the world's longest Luge track yet! (30 minutes).

#### ZIP LINING

Get big air as you soar from the top of WinSport's iconic 90 m ski jump tower on North America's fastest zipline! Riders fly down the unique cable system in a comfortable harness, reaching speeds up to 120km/h. As Calgary's highest vantage point, the ski jump tower provides a zipline that is 500 metres long with a vertical drop of more than 100 metres. Your adventure includes instruction, three ziplines, and access to the tower (1 hour).

#### FLOAT DOWN THE BOW RIVER

View downtown from the original highway, the Bow River. Marvel at Calgary's architecture as you float under the modern Peace Bridge and the historic Centre Street Bridge (1.5 hours).

### AFTERNOON:

#### NEIGHBORHOOD EXPLORATION & LUNCH: EAST VILLAGE

East Village is a vibrant community with walkable access to the best of Calgary, like public art and culture, entertainment hubs and public spaces like the River Walk and new retail and dining. Stroll along the Bow River, cross over to St. Patrick's Island, a wilderness setting in the heart of the city, and enjoy lunch in the historic Simmons building, East Village (2 hours).

#### SEGWAY TOUR

Go for a memorable glide down the pathways of central Calgary on a guided Segway tour. Learn about the history, art and architecture that makes Calgary such a vibrant city (1.5 hours).

#### BICYCLE BREWERY TOUR

Cruise Calgary's bike pathways on a guided bike tour. Learn about the history and architecture of the neighborhood and visit three local craft breweries, all on two wheels (2.5 hours).

#### SHOPPING CROSSIRON MILLS

CrossIron Mills premium outlet shopping features 100 outlets, 200 stores, unique services and a glimpse into the history, culture and landmarks of Alberta. A shopping tote with tourism passport full of savings is available to our out of town guests, it's offered at the Guest Services desk located in the Ranch Neighbourhood. (2 – 3 hours).

### EVENING:

#### NEIGHBORHOOD EXPLORATION & DINNER: 17<sup>TH</sup> AVENUE RETAIL & ENTERTAINMENT DISTRICT

17th Ave is home to Calgary's favourite hotspots. Indulge at over 20 restaurants featuring casual cuisine, fine dining, lively lounges and inspirational cafes. 17<sup>th</sup> Ave is also a shopping destination, featuring eclectic and trendy shops and boutiques (3 hours).

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## ONE DAY ITINERARY – HUB & SPOKE DAY TOURS

### DAY TOUR TO DINOSAUR PROVINCIAL PARK (FULL DAY)

Dinosaur Provincial Park has some of the richest collections of dinosaur fossils and some of the most unique scenery in the world.

Recognized as one of Alberta's most identifiable geological formations, the striped and almost alien looking "hoodoos" were carved out by water, wind and frost.

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### DAY TOUR TO DRUMHELLER, ATLAS COAL MINE & THE ROYAL TYRRELL MUSEUM OF PALAEOLOGY (FULL DAY)

Experience 'mine blowing history' at the Atlas Coal Mine, a former working mine, where you will hear true tales of mines and men. Then learn about the spectacular diversity of life on earth at the world class Royal Tyrrell museum.

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### DAY TOUR TO EAU CLAIRE DISTILLERY & HEAD-SMASHED-IN BUFFALO JUMP (FULL DAY)

#### EAU CLAIRE DISTILLERY

Farm fresh ingredients, unique terroir and hand-crafted methods are the soul of Eau Claire Distillery's award-winning spirits. Take a distillery tour, taste, and enjoy spirit-infused cuisine.

#### HEAD-SMASHED-IN BUFFALO JUMP

Located in the Porcupine Hills two hours south of Calgary, Head-Smashed-In Buffalo Jump in an interpretive centre that puts people on the precipice of life from 6,000 years ago. The archaeological marvel is recognized as one of the oldest, largest and best-preserved buffalo jumps in the world.

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### DAY TOUR TO BANFF NATIONAL PARK (FULL DAY)

Experience the beauty of the Canadian Rockies with a visit to Banff National Park and Lake Louise. See emerald-coloured lakes, towering mountain peaks and some of the most majestic scenery in the world.

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### DAY TOUR TO YAMNUSKA WOLF DOG SANCTUARY & CHINIKI CULTURAL CENTRE (HALF DAY)

#### YAMNUSKA WOLFDOG SANCTUARY

Get an up close and intimate look at wolves and wolf dogs in this sanctuary setting.

#### CHINIKI CULTURAL CENTRE

Uncover a truly authentic indigenous experience celebrating food, art, music, culture and storytelling. Visitors can enjoy an indoor experience in Stones Restaurant, Gallery Shop and Cultural Exhibitions or participate in special programming and experiences in an authentic Tipi Encampment.

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## ONE DAY - STAMPEDE ITINERARY

### MORNING:

#### PANCAKE BREAKFAST

Calgary is famous for Stampede breakfasts. They have been part of the Calgary tradition for more than 85 years. We get out early in the morning 'rain or shine' to provide a Calgary welcome and a western pancake breakfast complete with local entertainment. Pancake breakfasts pop up all over the city. Check [stampedebreakfast.ca](http://stampedebreakfast.ca) for locations.

#### ALBERTA BOOT COMPANY

Based in Calgary, AB, Alberta Boot specializes in 100% handmade Western Boots. Every Alberta Boot sold is handmade in house, using only the best available leathers. When you buy an Alberta Boot, you are investing in great quality, craftsmanship, comfort and style. Alberta Boot Company boots are made to last and you will not find a better made boot anywhere in the world. (30 minutes)

### AFTERNOON

#### LUNCH ON THE MIDWAY

From the famous mini donuts to fresh squeezed lemonade, wood fired BBQ Beef, and deep-fried bacon-wrapped anything on a stick, there's something for every taste bud at the Calgary Stampede. Every year, there are new foods to try—tantalizing, and sometimes adventurous fare—and sampling some of is an essential part of the Stampede experience!

#### FREE TIME ON STAMPEDE PARK

Unique food and country music to agriculture competitions and world-renowned entertainment acts, there's no shortage of activities available to participate in and watch on Stampede Park. Check the schedule of events to find something interesting.

#### AFTERNOON RODEO

The World's Richest Tournament Style Rodeo, featuring the world's toughest competitors. There are six main events that happen daily including: ladies barrel racing, bareback, tie-down roping, steer wrestling, saddle bronc and bull riding. Daily at 1:15PM (3-4 hours).

### EVENING:

#### EVENING SHOW FEATURING THE RANGELAND DERBY CHUCKWAGON RACES AND THE GRANDSTAND STAGE SHOW.

Witness nine heart-stopping Chuckwagon Races explode in an all-out dash for the finish line. Then as the sun goes down, the stars come out for high-energy 90-minute outdoor stage show featuring hundreds of singers, dancers, and musicians who dazzle and delight audiences of all ages. The show is brought to a fitting close with an awe-inspiring display of electrifying fireworks. Chuckwagon Races start at 8pm (5 hours).

#### NASHVILLE NORTH

This classic Stampede venue really puts the party in the Stampede music scene. If you're 18 or older, this is your place to two-step out in style to the hottest country acts. Take some country music, add about two thousand cowboys and cowgirls, throw in a hearty splash of craft beer, wrap it all in a marquee tent and you'll begin to get what Nashville North's all about!