Downtown Calgary is the first stop for many visitors to Calgary and for good reason. Downtown activity is centred on Stephen Avenue (6th Avenue SW), a pedestrian mall and Calgary icon. On busy weekdays you will see Calgary’s business crowd mix with buskers and street performers. Calgary’s arts and culture scene is also anchored in this entertainment district. Calgary has gained a reputation as a great city to visit for anyone who loves food and drink. From food trucks to fine dining, craft breweries to distilleries, Calgary’s vibrant culinary scene reflects fresh farm to table products and passionate food artisans. For excellent dining suggestions check out the Passport & Drink section at VisitCalgary.com or email TourismCalgary at info@tourismcalgary.com.

There is no better way to experience Calgary than to explore one of its neighbourhoods. Wander the interesting and eclectic neighbourhoods, meet the locals and get an insider’s view of what makes Calgary such a vibrant place.

Find out more at visitcalgary.com

Calgary Adventures
walkable downtown
48 hours

MORNING
CalgaryWalks & Bus Tours (1)
Experience Calgary one story at a time on an immersive walking tour. Discover what makes Calgary such an exciting place - history, architecture, public art, secret sculpture gardens and cool public spaces.
The CORE (2)
Located just off Stephen Ave, The Core is a shopper’s paradise! Four floors featuring indoor and street level shopping, with unique stores, famous brands and luxury boutiques.

Glenbow Museum (3)
Featuring an extensive collection of Indigenous art, the Glenbow Museum is ‘Where the World Meets the West’ - he intriguing stories from Western Canada ‘Where the World Meets the West’ - he Indigenous art, the Glenbow Museum is Feating an extensive collection of Indigenous art, the Glenbow Museum is ‘Where the World Meets the West’ - he intriguing stories from Western Canada. Featuring an extensive collection of Indigenous art, the Glenbow Museum is ‘Where the World Meets the West’ - he intriguing stories from Western Canada., the Glenbow Museum is Feating an extensive collection of Indigenous art, the Glenbow Museum is ‘Where the World Meets the West’ - he intriguing stories from Western Canada, the Glenbow Museum is Feating an extensive collection of Indigenous art, the Glenbow Museum is ‘Where the World Meets the West’ - he intriguing stories from Western Canada.

Prince’s Island Park (4)
An urban oasis located on the Bow River. Prince’s Island Park is home to events throughout the year including the Calgary Folk Music Festival and Shakespeare by the Bow. Take a stroll, enjoy a picnic lunch, or cycle along the river pathway.

River Valley Adventures (6)
Go for a memorable glide down the pathways of central Calgary on a guided Segway tour.

Mukwah Rafting Tours (7)
View downtown Calgary from the original highway, the Bow River. Marvel at Calgary’s architecture as you float under the modern Peace Bridge and the historic Centre Street Bridge on this guided tour.

EVENING
Calgary Tower (9)
This icon defines the Calgary skyline! Enjoy the 360° panoramic views from atop the Calgary Tower. Step out onto the glass floor and watch the bustle of the city 160 metres below.

St Patricks Island (11)
Public art, a play park, picnic grove, fishing cove, seasonal beach and an amphitheatre, all in a wilderness setting, make this an island for year-round adventure in the heart of the city.

Studio Bell (12)
Home of the National Music Centre, Studio Bell is an architectural masterpiece which features five floors of interactive displays, exhibits and memorabilia celebrating the history of Canadian music.

Fort Calgary (13)
Fort Calgary National Historic Site is the birthplace of the city of Calgary, where in 1875, the North West Mounted Police built a fort at the confluence of the Bow and Elbow Rivers.

Esker Foundation (14)
The Esker Foundation contemporary art gallery collection reflects on current developments in local, regional and international culture.

Smithbilt Hats (15)
Smithbilt Hats is the creator of the official White Cowboy Hat of Calgary. Come in, take a tour, shop and even make your own customized hat.

Rocky Mountain Sidecar Adventures
Explore the city and unique neighbourhoods in a fun and unique way in vintage-style sidecar motorcycles. Cruise with the wind and sun in your face while enjoying a guided tour, with plenty of photo stops along the way.

EVENING
Calgary Food Tours
Eat. Engage. Explore. Calgary Food Tours takes you to eclectic locations to experience culinary delights and meet local food artisans. Each tour visits a different neighbourhood to sip, sample and savor through.

Stampede Park & Scotiabank Saddledome (16)
Stampede Park hosts concerts, sporting events and the Calgary Stampede - a 10 day festival held every July. Located in the Park, Scotiabank Saddledome is a multi-use indoor arena and home of the National Hockey League’s Calgary Flames.

Calgary Adventures
walkable downtown
48 hours

24 - downtown

24 - unique neighbourhoods

MORNING
Simmons Building (10)
A butcher, baker and coffee maker. Check out this historic mattress factory building in the hip East Village, now re-purposed into three artisinal culinary experiences.

ST PATRICK’S ISLAND (11)
Public art, a play park, picnic grove, fishing cove, seasonal beach and an amphitheatre, all in a wilderness setting, make this an island for year-round adventure in the heart of the city.

STUDIO BELL (12)
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AFTERNOON
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#tourismcalgary #capturecalgary
**Calgary Adventures**

**out and about 48 hours**

### MORNING
**Calgary Zoo** (17)
Get a close-up look at the animals that come from the Canadian Wilds and also enjoy close encounters with lemurs, penguins and giant pandas. The Calgary Zoo is Canada’s most visited zoo, receiving international recognition as one of the world’s top zoos for conservation research.

**TELUS Spark** (18)
This multi-faceted science centre offers visitors of all ages the chance to explore and discover science, technology and art in exciting ways. Ignite your curiosity with 127 scenic acres.

**Heritage Park** (19)
Canada’s largest living history museum is where you may meet fur traders, First Nations people, railway workers and prairie town folk, while exploring over 180 buildings and exhibits on 127 scenic acres. Heritage Park is ‘How the West was Once.’

**CF Chinook Centre**
Conveniently located close to the Calgary International Airport, CrossIron Mills features over 200 specialty stores and premium brand outlets.

### AFTERNOON
**Grey Eagle Resort and Casino** (22)
Grey Eagle Resort and Casino is one of Calgary’s newest entertainment destinations, located on the Tsuu T’ina First Nation. Offering gaming, entertainment, authentic Indigenous experiences and dining.

**Craft Breweries** (23)
Discover Calgary’s spirited craftsmanship at our local breweries. Tours and tastings are featured at a variety of breweries throughout the city.

### WEEKEND
**Spruce Meadows** (28)
From rider development to the Olympics, Spruce Meadows is a world-class equestrian facility. Featuring indoor and outdoor tournaments, Spruce Meadows offers an unprecedented experience for riders and fans alike.

**Granary Road Market** (29)
From the fresh market where you’ll find gourmet ingredients and artisan creations to an active learning park with acres of imagination, Granary Road is the perfect blend of nostalgic ambiance and fun for the whole family.

**Eau Claire Distillery** (30)
Farm-fresh ingredients, unique terroir and hand-crafted methods are the soul of Eau Claire’s artisanal, award-winning spirits defining taste, one ‘grain-to-glass’ experience at a time. Enjoy a distillery tour and tasting, along with spirit-infused cuisine.

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